Vicks First Defence Nasal Spray

Uses

Helps the body to remove common cold viruses naturally.

Dosage

Over 12 years: 2-3 sprays per nostril, without tilting the head, up to 4 times a day. Allow 4 hours between applications. Avoid inhaling deeply. Under 12 years: not suitable.

Format and Ingredients

Nasal spray

Category:
Upper respiratory tract conditions

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 15ml

RRP: £7.95

Legal Status: MD

A division of GROUPE EUROCOM
PAGB
Communications International Group

Product data © Communications International Group

Communications International Group Ltd 2026,
Linen Hall, 162-168 Regent Street, London W1B 5TB