



## Nicorette Nasal Spray

### Uses

Relieves nicotine withdrawal symptoms as an aid to smoking and vaping cessation. Can be used for reduction prior to quitting. Can also be used in pregnancy and lactation when making a quit attempt.

### Dosage

Over 18 years: for the first 8 weeks, use as required to a maximum of 1 spray into each nostril twice an hour. No more than 1 spray into each nostril twice an hour and no more than 64 sprays (32mg nicotine) per day. For the next 2 weeks, reduce usage by half. Final 2 weeks, reduce usage to zero. Use should be restricted to 3 months. Adolescents 12-18 years: as adult dosage, but do not use for longer than 12 weeks without consulting a healthcare professional. For reduction: use between smoking/vaping episodes to manage the urge and prolong smoke/vape-free intervals, with the intention to reduce smoking/vaping as much as possible. If a reduction in number of cigarettes/e-cigarettes per day has not been achieved after 6 weeks, professional advice should be sought.

### Format and Ingredients

Metered spray solution containing in each spray:  
Nicotine 0.5mg,

**Category:**  
Smoking Cessation

**Manufacturer:**  
KENVUE

**Pack size:** 10ml

**RRP:** £34.31

**Legal Status:** (GSL)