# Perfectil Original

## Uses

## Dosage

Adults: 1 tablet per day with a main meal.

## Format and Ingredients

Tablet containing:
Vitamin D (as D3 200 IU) 5µg 100, Vitamin E (natural source) 40mg ?-TE 333, Vitamin C 60mg 75, Thiamine (Vitamin B1) 8mg 727, Riboflavin (Vitamin B2) 4mg 286, Niacin (Vitamin B3) 18mg NE 113, Vitamin B6 10mg 714, Folic Acid 400µg 200, Vitamin B12 9µg 360, Biotin 45µg 90, Pantothenic Acid 40mg 667, Iron 12mg 86, Magnesium 75mg 20, Zinc 15mg 150, Iodine 200µg 133, Manganese 0.5mg 25, Copper 1000µg 100, Chromium 50µg 125, Selenium 100µg 182, L-Cysteine 10mg, Beta-carotene 2mg, Grape Seed Extract (95% Proanthocyanidins) 15mg,

**Category:**
Food supplements

**Manufacturer:**
VITABIOTICS LTD

**Pack size:** 30, 90

**RRP:** £9.55, £24.25

**Legal Status:** ,

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