Centrum Conception

Uses

Dosage

1 tablet a day, with water.

Format and Ingredients

Tablet containing:
Vitamin A (beta-carotene) 400µg 50, Vitamin D 13µg 250, Vitamin E 15mg ?-TE 125, Vitamin C 85mg 106, Thiamine 1.1mg 100, Riboflavin 1.3mg 93, Niacin 18mg NE 113, Vitamin B6 1.4mg 100, Folic Acid 400µg 200, Vitamin B12 2.4µg 96, Biotin 30µg 60, Pantothenic Acid 5mg 83, Calcium 120mg 15, Magnesium 60mg 16, Iron 18mg 129, Zinc 12.5mg 125, Copper 0.5mg 50, Manganese 2mg 100, Selenium 30µg 55, Chromium 40µg 100, Iodine 150µg 100,

Category:
Food supplements

Manufacturer:
HALEON PLC

Pack size: 30

RRP: £9.00

Legal Status:

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