Centrum Multibiotoics Complete

Uses

Dosage

One capsule daily with water, preferably with food.

Format and Ingredients

Capsule containing:
Vitamin A 400µg RE 50, Vitamin D 10µg 200, Vitamin E 12mg ?-TE 100, Thiamine 0.87mg 80, Riboflavin 1.4mg 100, Niacin 16mg NE 100, Vitamin B6 1.15mg 82, Folic Acid 200µg 100, Vitamin B12 3.75µg 150, Biotin 50µg 100, Pantothenic Acid 6.0mg 100, Iron 2.3mg 17, Zinc 10mg 100, Copper 0.7mg 70, Manganese 0.85mg 43, Selenium 50µg 91, Chromium 40µg 100, Iodine 150µg 100, Lactic Acid Bacteria: 1 billion CFU, Lacticaseibacillus casei Lc-11®, Bifidobacterium animalis ssp. lactis HN019™, Lacticaseibacillus rhamnosus GG, Bifidobacterium animalis ssp. lactis Bl-04®, Lactobacillus acidophilus NCFM®, Lacticaseibacillus paracasei Lpc-37®, Lacticaseibacillus rhamnosus HN001™, Bifidobacterium infantis Bi-07™, Bifidobacterium animalis ssp. lactis B420™, Lactobacillus acidophilus La-14®, Lactiplantibacillus plantarum Lp-115®, Bifidobacterium infantis Bi-26™, Lacticaseibacillus rhamnosus Lr-32®, Ligilactobacillus salivarius LS-33, Lactobacillus gasseri Lg-36™, Streptococcus salivarius ssp. thermophilus St-21™, Bifidobacterium bifidum Bb-06™, Lactobacillus delbrueckii ssp. bulgaricus Lb-87™,

Category:
Food supplements, Food supplements

Pack size: 30

RRP: £22.00

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